

Professional



SSTUWA
The State School Teachers' Union of W.A. (Inc.)

Better Well-being Equals Better Teaching and Learning

About the course

It turns out that the effects of stress on both staff and student brains are the same; and many of the solutions apply to both staff and students equally – often simultaneously!

As teachers use these solutions to improve staff and student well-being, they also drastically improve the ability of our students' brains to learn successfully.

The research is clear; a young person's education is enhanced by teachers having a clear understanding of brain-science - and using this understanding in their daily teaching practice. This is the future of Education.

Tammy-Anne and Todd base this course on brain-science, psychology and eight years of classroom teaching experience in primary and secondary classrooms.

This course will help you to take the stress out of school and turn worry into well-being.

When our brains are in a state of stress, we literally cannot teach - or learn - as effectively as possible. This workshop links to the Australian Student Wellbeing Framework and ACARA's Personal and Social Capabilities.

Date

Thursday 23 April 2020

Time

10am - 3pm

Cost

Member: Full time: \$200

Member: Part time/relief/student: \$100

Non-member: \$320

Morning tea on arrival and Lunch

Facilitator

Tammy-Anne Caldwell

Todd Budden

Above and Beyond Education.

Nominated Audience

Early Childhood, Primary and
Secondary Teachers

Venue

SSTUWA Office

1 West Street

West Perth WA 6005

(08) 9210 6035

Outcomes

What you will Learn

- Exactly what to do and say, to make teaching and learning as enjoyable, easier and effective as possible, while boosting staff and student well-being.
- Exactly how you can help students learn best, by understanding the inherent link between learning and well-being from an Educational Neuro-science and Psychology perspective.
- Exactly how to motivate, excite and engage your students in the learning process.
- How to manage your own stress and improve your own well-being.
- How to minimise student stress and maximise student well-being.
- How to improve student behaviour and enjoy time in the classroom.
- Ways to create more engaging lessons and improve student learning outcomes.

Teacher Registration Board of WA

Professional Standards for Teachers in WA

AITSL Australian Professional Standards for Teachers

TRBWA

Teacher Registration Board
of Western Australia

This training relates to:

Standard 1

Standard 3

Standard 5

Standard 7

Standard 2

Standard 4

Standard 6

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10am - 3pm

Given name: _____ Surname: _____

 Union member Yes No Union ID no: _____

School/workplace: _____

Phone: _____ Mobile: _____

Email: _____

Payment method

 Payment by school Yes No

 Cheque
Payable to: The State School Teachers' Union of W.A. (Inc.)

Post to: PO Box 212, West Perth WA 6872

 Credit card
All information mandatory
Cost (Please tick)

 Member: Full time: \$200

 Member: Part time/relief/student: \$100

 Non-member: \$320

Card no: _____ / _____ / _____ Expiry date: _____ / _____

Cardholder's name: _____

Billing address: _____

Cardholder's signature: _____

Please note

All courses must be paid for in full prior to attending. A 50 per cent cancellation fee will apply where a person cancels within three working days of the course date. The full course fee will be charged where a person cancels on the day of the course or fails to attend. All courses are run subject to minimum booking numbers. Courses will be confirmed at least two weeks prior to course date.

Send completed form to

SSTUWA Education and Training Centre
Email: training@sstuwa.org.au

Or register online at sstuwa.org.au