

## Online learning



# SSTUWA

The State School Teachers' Union of W.A. (Inc.)



Teacher  
Learning  
Network

# My Wellbeing - Learning to Say NO in a Professional Manner

## About the course

The SSTUWA, in partnership with TLN in Melbourne, are pleased to offer this online learning opportunity for primary and secondary educators.

Schools and EC services are busy and complex places and there is always more to do than there is time available to do the work. We want the best for our students, we want good relationships with parents and with our colleagues and we want to be respected by the leadership team. So, what do you do when the demands are too much for you?

This session is about learning strategies to say 'No' whilst maintaining good relationships with students, parents and colleagues and maintaining high levels of respect. This is about your wellbeing as a teacher and a person.

## Date

Tuesday 2 June

## Time

4.30-5.30pm Perth time  
Login at least 20 mins prior to start time

## Cost

\$40: SSTUWA members  
\$80: Non-members

## Facilitator

Michael Victory  
TLN

## Nominated audience

Primary and Secondary Educators

## Online requirements

- Stable internet connection
- Laptop/desktop computer
- Earphones or headphones (optional)

## Delivery method: Live online event

The event will be one hour in duration and consist of live delivery of content at the specified time by a presenter and a host. You will also have an opportunity to interact with other participants and engage with the presenter online. Completing this course will contribute to one hour of professional learning and a certificate will be provided at the end of the session.



## About the hosts

### Teacher Learning Network (TLN)

TLN is a Melbourne based, not-for-profit professional development provider supported by the Australian Education Union Victoria Branch and the Independent Education Union Victoria/Tasmania Branch. SSTUWA will be your major source of communication before the online event. Prior to the live event, SSTUWA will email you detailed instructions about how to access the online training space. TLN will then provide immediate telephone support just before the event begins on the day, and during the training if required.

## Teacher Registration Board of WA

Professional Standards for Teachers in WA

AITSL Australian Professional Standards for Teachers

# TRBWA

Teacher Registration Board  
of Western Australia

### This training relates to:

- Standard 6 – Engage in professional learning
- Standard 7 – Engage professionally with colleagues, parents/carers and the community

## Online learning



**SSTUWA**  
The State School Teachers' Union of W.A. (Inc.)

# My Wellbeing - Learning to Say NO in a Professional Manner

Tuesday 2 June

Given name: \_\_\_\_\_ Surname: \_\_\_\_\_

Union member  Yes  No Union ID no: \_\_\_\_\_

School/workplace: \_\_\_\_\_

Phone: \_\_\_\_\_ Mobile: \_\_\_\_\_

Email: \_\_\_\_\_

### Payment method

Payment by school  Yes  No

**Cheque**

**Payable to:** The State School Teachers' Union of W.A. (Inc.)  
**Post to:** PO Box 212, West Perth WA 6872

**Cost** (Please tick)

\$40: SSTUWA members

\$80: Non-members

**Credit card**

*All information mandatory*

Card no: \_\_\_\_\_ / \_\_\_\_\_ / \_\_\_\_\_ Expiry date: \_\_\_\_\_ / \_\_\_\_\_

Cardholder's name: \_\_\_\_\_

Billing address: \_\_\_\_\_

Cardholder's signature: \_\_\_\_\_

### Please note

All courses must be paid for in full prior to attending. A 50 per cent cancellation fee will apply where a person cancels within three working days of the course date. The full course fee will be charged where a person cancels on the day of the course or fails to attend. All courses are run subject to minimum booking numbers. Courses will be confirmed at least two weeks prior to course date.

### Send completed form to

**SSTUWA Education and Training Centre**

**Fax:** (08) 9210 6089

**Email:** [training@sstuwa.org.au](mailto:training@sstuwa.org.au)

**Or register online at [sstuwa.org.au](http://sstuwa.org.au)**