2016 Australian Principal Health and Wellbeing Survey



One of the key tools for monitoring the health and wellbeing of school leaders is now underway. The 2016 Australian Principal Health and Wellbeing Survey involves all principals, assistants and deputies in every sector of every Australian state and territory.

It is being conducted in response to concerns that the increasing complexity and workload demands of school leadership roles are impacting on the health and wellbeing of Australian school leaders.

Survey data is providing evidence to policy makers about the real but often hidden costs and benefits of initiatives such as the introduction of a national curriculum and changes to national testing and accountability requirements.

The survey is being conducted by members of The Institute for Positive Psychology and Education at ACU. It is independent of all employer groups, professional associations and unions. All individual survey data is kept strictly confidential and no individual or school will be identifiable in any reporting of the results.

All participants receive an instant, individualised report on their personal health and wellbeing status and can compare this to others in similar school situations.

We hope you will take the time to participate click here.

Authorised by Sally Dennis, General Secretary, The State School Teachers' Union of W.A.
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