# Principals at breaking point warns Professor

Structural reform is needed to reverse a serious decline in principal health and well-being, warned Philip Riley, associate professor of educational leadership at the Australian Catholic University (ACU).

Riley's warning comes as the 2015 Australian Principal Health and Wellbeing Survey opened for new participants.

Riley, who led last year's Principal Health and Well-Being Survey, said the well-being programs being implemented at schools were doing little to reduce the issue of principals dealing with what he called "unsustainable workloads".

"Principal health and well-being is definitely in decline, and it's across all three school sectors" Riley told The Educator.

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