

# 2015 Principal health and wellbeing survey invite to participate



The 2015 Australian Principal Health and Wellbeing Survey is open for new participants.

## **YOUR PARTICIPATION IS VITALLY IMPORTANT.**

The Australian Catholic University is continuing the longitudinal study into the occupational health, safety and wellbeing of school leaders. We welcome the financial support from Teachers Health Fund as the major sponsor, along with APPA, ASPA, AHISA and CaSPA who are jointly funding the Australian Principal Health and Wellbeing Survey.

We acknowledge and thank the AEU for their support in distributing the 2015 survey to their school leader Members.

The survey involves all principals, assistants and deputies in every sector of every state and territory of Australia. It is being conducted in response to concerns that the increasing complexity and workload demands of school leadership roles are impacting on the health and wellbeing of Australian school leaders.

Survey data is providing evidence to policy makers about the real but often hidden costs and benefits of initiatives such as the introduction of a national curriculum and changes to national testing and accountability requirements.

The survey is being conducted by ACU, independent of all employer groups, professional associations and unions. All individual survey data is kept strictly confidential and no individual or school will be identifiable in any reporting of the results.

All participants receive an instant, individualised report on their personal health and wellbeing status and can compare this to others in similar school situations.

If you've registered in the past, you should have received an email from Aimee Maxwell with the link to the survey (invites were sent between the 17th and the 21st of July). If you didn't receive anything, please contact [aimee.maxwell@principalhealth.org](mailto:aimee.maxwell@principalhealth.org)

New participants can visit <http://www.principalhealth.org> - choosing the Take the Survey button leads to a registration page. After you register, you'll be sent your own personal invitation to the survey.

Your wellbeing in the job is vitally important and we encourage you to participate. The survey is open for all principals, deputies, assistants and vice principals.

For more information visit <http://www.principalhealth.org>